



NOTICE: DISCRIMINATION IS AGAINST THE LAW

Thrive Integrative Medicine, LLC (“Thrive Integrative”) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or gender. Thrive does not exclude people or treat them differently because of race, color, national origin, age, disability, or gender.

Thrive Integrative provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

Thrive Integrative provides free language services to people whose primary language is not English, such as Qualified interpreters. If you need these services, contact Thrive Integrative’s Compliance Officer:

- Compliance Officer Name: Alba Diaz Carmona
- Mailing Address: 3835 Spenard Road, Anchorage, AK 99517
- Telephone Number: 907-313-2343
- Fax Number: 907-274-9345
- Email Address: alba@thriveak.com

If you believe that Thrive Integrative has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or gender, you can file a grievance with Thrive Integrative's Compliance Officer. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Thrive Integrative’s Compliance Officer is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health & Human Services
200 Independence Avenue, S.W.
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <https://www.hhs.gov/ocr/complaints/index.html>

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 907-435-0555.	ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame Al 907-435-0555.
PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 907-435-0555.	주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 907-435-0555.
LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 907-435-0555.	ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 907-435-0555.
注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 907-435-0555.	MO LOU SILAFIA: Afai e te tautala Gagana fa'a Sāmoa, o loo iai auaunaga fesoasoan, e fai fua e leai se totogi, mo oe, Telefoni mai 907-435-0555.
ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍ່ ວິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍ ບໍ່ຄ່າ ງຳນ, ຄວນມີພ້ອມໃຫ້ທ່ານ. ໂທ 907-435-0555.	注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。907-435-0555.
PAKDAAR: Nu saritaem ti Pocano, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Awagan ti 907-435-0555.	CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 907-435-0555.
УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 907-435-0555.	ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 907-435-0555..
เรียน:ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรีโทร 907-435-0555.	UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 907-435-0555.